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CO 603 Orientation to Christian Approaches to Diagnosis and Treatment Planning

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**CO603 Orientation to Christian Approaches to Diagnosis and Treatment Planning
Spring 2004**

Carol B. Saenger, M.S., L.P.C.C., Adjunct Professor

Maximum Enrollment: 30

One Hour Credit

Prerequisites: CO601 and MA Counseling Status

In order to function as a competent clinician, one must develop competence in diagnosing and effectively treating a variety of problems with which they are confronted. In order to do this one must be thoroughly familiar with a variety of treatment modalities. This course is designed to provide students with an introduction to assessment, clinical diagnosis and treatment planning. Students will have an opportunity to become acquainted with material relevant to treatment issues both from a Christian historical perspective and current knowledge.

As a result of completing this course, students shall:

1. Become familiar with principles for applying Christian thought to the field of counseling.
2. Learn how to conceptualize cases from various theoretical perspectives.
3. Develop the ability to think like a clinician using relevant diagnostic information.
4. Value a collegial process in the development of treatment plans.
5. Learn how to develop and implement treatment plans including cultivating the ability to assess progress and formulate timelines.
6. Learn the value of and how to keep effective treatment records.
7. Understand how to effectively utilize supervision to facilitate quality treatment.
8. Understand the role of psychotropic medications and mood altering chemicals in the treatment of mental and emotional disorders.
9. Understand how to make appropriate referrals.

Texts

Competent Christian Counseling, (Vol. 1) by Timothy Clinton and George Ohlschlager
Colorado Springs, Colorado: Waterbrook Press, 2002.

Requirements

1. Active participation in class sessions. **Class participation will compose fifteen percent (15%) of the grade.**

2. **Reading Requirements.** Additional reading should amount to 400 pages, including the text. Your class participation will reflect your reading and will be included in the 15% of your grade. At the end of the semester (May 13, 2004) you will be required to submit a list of books, articles, etc. with the pages you have read.
3. Punctual class **attendance** is required. Students should limit their absences to emergency cases such as illness, family emergencies, etc. If you should have to be absent, please notify the professor either through e-mail (Carol_Saenger@asburyseminary.edu or cbsaenger@aol.com) or call (502) 875-8853. Make up assignments will be assigned for missed classes.
4. **Group presentation.** Students shall be assigned to a group whose task shall be to investigate and make a class presentation on some Christian figure like Wesley, Luther, Augustine, and others. This presentation shall include the subject's views on person, emotional disorders and how those views fit with the Christian faith. Students shall also glean the material for implications relative to treatment. **Twenty-five percent (25%) of the student's grade will be given for the group presentation.**
5. **Integration Paper.** Students shall write an 8-10 page paper that lays out their view of the integration of counseling and theology. The paper should include relevant insights gained from class presentations, lectures, etc. **The paper will account for sixty percent (60%) of the student's grade.** This paper will be due on the last class day, May 13, 2004.

Evaluation

Course assignments shall be graded using the following grade ranges:

A	93	C	73
A-	90	C-	70
B+	87	D+	67
B	83	D	63
B-	80	D-	60
C+	77	F	Below 60

Schedule and Topics

February 12, 2004

Orientation

Group Assignments

The Integration of Theology and Counseling

February 19, 2004

February 26, 2004

March 4, 2004

What Makes a Christian Therapist (Panel Discussion)

March 11, 2004

Class Presentation -- Group One: Augustine's Confessions

March 18, 2004

Class Presentation -- Group Two: Luther's Letters of Spiritual Counsel

March 25, 2004

Class Presentation -- Group Three: Wesley's Thoughts on Nervous Disorders, Heaviness Through Manifold Temptations, A Letter to a Friend Concerning Tea

April 1, 2004

Reading Week

April 8, 2004

Class Presentation -- Group Four: Choose an author such as Oden, Outler, Kierkegaard or similar figure.

April 15, 2004

Class Presentation -- Group Five: Choose an author such as Oden, Outler, Kierkegaard or similar figure.

April 22, 2003

Strategies in Christian Counseling

April 29, 2004

Using the Resources of Christian Faith in Counseling

May 6, 2004

Video: Caught in the Middle - Tom Whiteman

May 13, 2004

Wrap-Up/Last Class

Integration Papers Due

Reading List Due

Note: This syllabus is subject to change if course-enhancing opportunities arise for guest lecturers, special presentations, etc.